



New York Mortgage Trust 2008 Fourth Quarter And Year End Conference Call Scheduled For Friday March 27, 2009

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NEW YORK, March 18, 2009 /PRNewswire-FirstCall via COMTEX/ -- New York Mortgage Trust, Inc. (Nasdaq: NYMT) is scheduled to report financial results for the year and fourth quarter ended December 31, 2008 after the close of market on March 26, 2009. New York Mortgage Trust's executive management will host a conference call and audio webcast at 9:00 a.m. Eastern on Friday, March 27, 2009. The conference call dial-in number is 303-205-0033.

A live audio webcast of the conference call can be accessed via the Internet, on a listen-only basis, at www.earnings.com or at the Investor Relations section of the Company's website at www.nymtrust.com. Please allow extra time, prior to the call, to visit the site and download the necessary software to listen to the Internet broadcast.

A replay of the conference call will be available by calling 303-590-3000. The passcode number is 11128446. The replay will be available until Friday, April 3, 2009.

About New York Mortgage Trust

New York Mortgage Trust, Inc. is a self-advised real estate investment trust (REIT) in the business of investing in and managing a combined portfolio of Agency mortgage-backed securities (MBS), prime credit quality residential adjustable rate mortgage (ARM) loans, non-agency mortgage-backed securities and certain other alternative financial assets. As a REIT, the Company is not subject to federal income tax, provided that it distributes at least 90% of its REIT income to stockholders.

Certain statements contained in this press release may be deemed to be forward-looking statements that predict or describe future events or trends. The matters described in these forward-looking statements are subject to known and unknown risks, uncertainties and other unpredictable factors, many of which are beyond the Company's control. The Company faces many risks that could cause its actual performance to differ materially from the results predicted by its forward-looking statements, including, without limitation, a rise in interest rates or a unfavorable change in prepayment rates may cause a decline in the market value of the Company's assets, borrowings to finance the purchase of assets may not be available on favorable terms, the Company may not be able to maintain its qualification as a REIT for federal tax purposes, the Company may be exposed to the risks associated with investing in mortgage loans, including changes in loan delinquencies, and the Company's hedging strategies may not be effective. The reports that the Company files with the Securities and Exchange Commission contain a fuller description of these and many other risks to which the Company is subject. Because of those risks, the Company's actual results, performance or achievements may differ materially from the results, performance or achievements contemplated by its forward- looking statements. The information set forth in this news release represents management's current expectations and intentions. The Company assumes no responsibility to issue updates to the forward-looking matters discussed in this press release.

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